

Phone (0911) 33 39 15

If you prepare to come to us, you should take the following things with you::

For yourself:	For your children:
identity card/passport	children's passport (if not included in your own)
money, ec-card or credit card	card of health insurance
permit to stay and work (immigrants only)	certificate of birth
card of health insurance	favourite toys
certificate of birth	things for school
certificate of marriage or book of legal documents of the family	certificates of vaccinations
insurance documents	certificates of medical checks (yellow book)
tax card	
possibly certificate of income of your husband	
savings book or bank book	
rental agreement for flat or house	
school and working documents	

If you do not have these things handy or ready, do not worry and do not hesitate to contact us. We will help you to recover these things later.

Our house is open to women who are threatened by or victims of violence and their children.

Violence can mean: marital violence, stalking (by ex-partners e.g.), sexual violence, forced marriage and forced prostitution. We can put up women of any nationality and from all states or laender within the Federal Republic of Germany.

Unfortunately we must refuse to put up women who are dependent on alcohol or drugs or who suffer from acute mental illnesses. Neither can we put you up simply because you do not have a place to stay but are not otherwise threatened by violence.

The adress of the Frauenhaus is unknown to the public. People who do not live or work here have not permission to enter it!

Postal adress:
Verein Hilfe für Frauen in Not e.V.
PO Box 91 02 08
90260 Nürnberg

Contact:
Phone: (0911) 33 39 15
Fax: (0911) 390419
E-Mail: info@frauenhaus-nbg.de

Opening hours:
You can reach our house at
any time - day or night!

Other sources of help:
Women's Refuge Fürth Tel: (0911) 72 90 08
Women's Refuge Schwabach Tel: (09122) 8 19 19
Women's Refuge Erlangen Tel: (09131) 2 58 72
Women's Refuge Hagar Tel: (0911) 95 94 39 1
Helpline for Women Nürnberg Tel: (0911) 28 44 00