



COUNSELLING CENTRE

*providing advice in case of
domestic violence and stalking*

YOU CAN COME TO US ...

domestic violence

... when your partner

- ▶ physically, emotionally or sexually abuses you and/or your children
- ▶ permanently watches and controls you
- ▶ forces you to do things which you do not like
- ▶ prevents you from seeing your family or friends

... when your partner does not accept that you want to split up or that you already have ended the relationship

stalking

... when acquaintances, friends, neighbours, relatives, ex-partners or strangers

- ▶ follow, molest or threaten you
- ▶ permanently contact you against your will
- ▶ damage your reputation
- ▶ control you and restrict your daily life
- ▶ attack you physically

WE OFFER YOU ...

... the possibility

- ▶ to talk about your situation and experiences
- ▶ to develop new prospects and goals
- ▶ to (re)discover self-confidence, self-assurance and self-esteem
- ▶ to get support in the decision-making process

... advice and information

- ▶ about safety strategies for your personal protection
- ▶ about the appliance of the Violence Protection Act
- ▶ about filing a police report and further police action
- ▶ about legal proceedings
- ▶ about access to financial and social claims
- ▶ about separation and divorce

WHAT YOU SHOULD ALSO KNOW

- ▶ you can contact us by telephone, email or meet us personally
- ▶ our service is free of charge and you can stay anonymous
- ▶ our conversations are confidential, we are bound to observe confidentiality

WHO WE ARE

A counselling centre for women who experience violence in their partnership or stalking

An institution of the charitable organisation „Verein Hilfe für Frauen in Not e.V.“

You can support us

donations account
Postbank Nürnberg
bank code number 760 100 85
account number 30 441 850

www.frauenhaus-nuernberg.de

CONTACT US

Phone: 0911/378 88 78

Fax : 0911/891 45 66

Email:

beratungsstelle@frauenhaus-nbg.de

Mon, Wed, Thu 10am - 2pm

Tue 2pm - 6pm

Appointments can also be made on short notice off these times.

Your contacts

Steffi Walter, social worker
and trained volunteers

HOW TO FIND US

Frauenholzstr. 1
90419 Nürnberg
tram 6, bus 34
stop St.-Johannis-Friedhof

